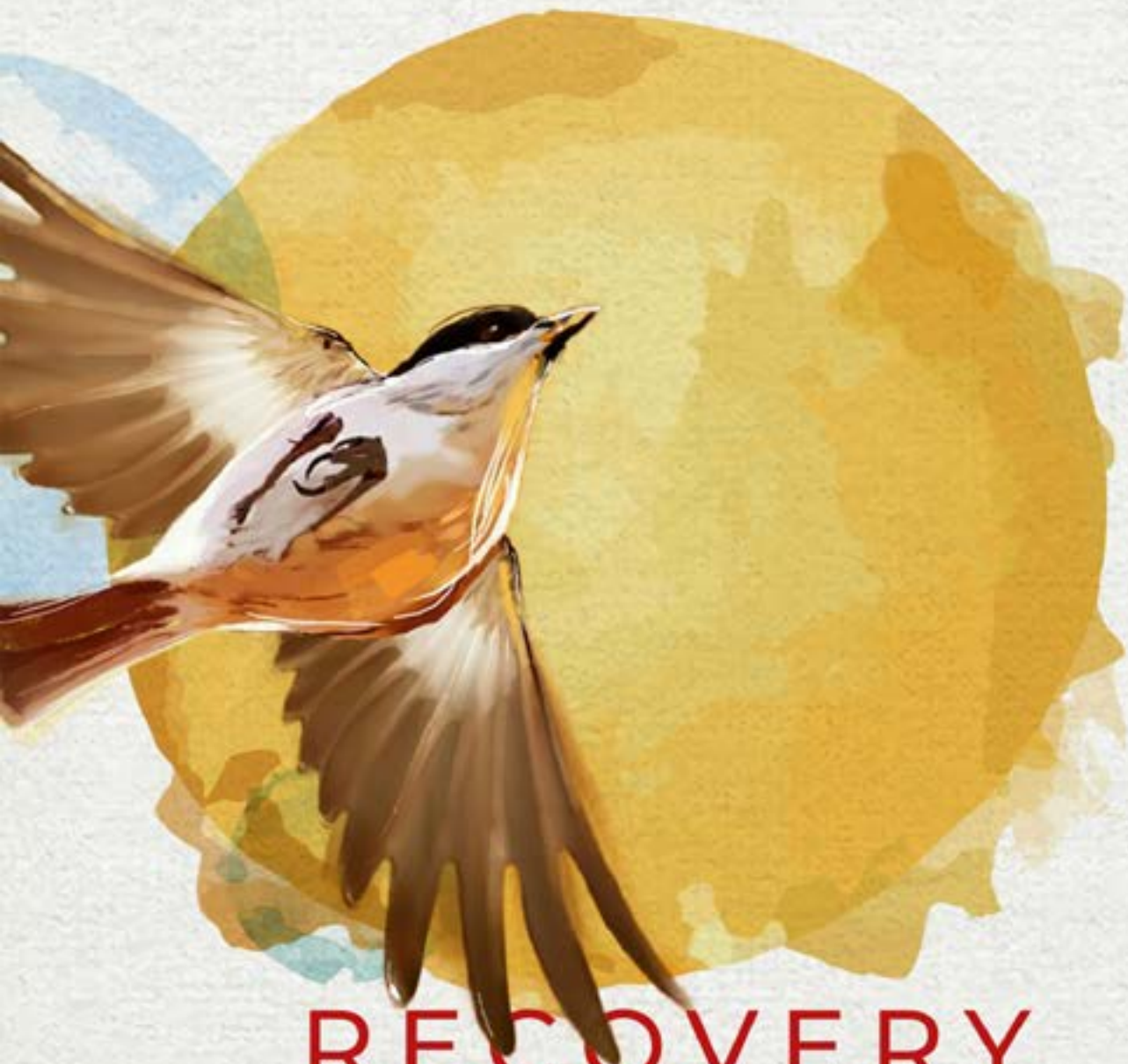


SPIRITUALITY IN RECOVERY



RECOVERY
RESOURCES



MileHi Church
it's different here.

Recovery is not just about getting sober. It's about building and enjoying a better life for yourself in sobriety.

We invite you to join us for a spiritual recovery meeting where we open our doors to persons from every path of recovery to share their experiences, strength, and hope. We share how we can use the blessings of our spiritual path to remember the wholeness of who we are. We do not discount any program of addiction recovery, rather we embrace the core truth inherent in rediscovering healthy and spiritually connected living.

We come together in community where wholeness is recognized and oneness is revealed. If you are looking for a meeting that brings Science of Mind principles to recovery, this is the group for you.

Everyone is welcome to this open meeting!

EVERY WEDNESDAY, 6 – 7 P.M.,
ZOOM: [ZOOM.US/J/792558509](https://zoom.us/j/792558509)
MEETING ID: 792 558 509

You will find many resources to support you on your path to recovery in this brochure. If you would like more information or resources, please contact Carol at:

cwilke@milehichurch.org or (303) 237-8851.
facebook.com/heartmindspiritrecovery



REV. CAROL WILKE
 Associate Minister
 SPIRITUALITY IN RECOVERY

12-Step Groups

AA-Eleventh Steppers – Mile Hi Group

Contact: Bill at (720) 323-7414 or billtaa@yahoo.com

AI-Anon

(800) AI-Anon

Co-Dependent Anonymous (CODA)

Contact: Charlie at (303) 733-3130 or (720) 971-3130,
 Hotline: (303) 592-3936

Overeaters Anonymous

Contact: Linda Rae at (303) 519-0206

HOTLINES

Alcoholics Anonymous	(303) 322-4440
Narcotics Anonymous	(818) 773-9999
Cocaine Anonymous	(310) 559-5833
Overeaters Anonymous	(505) 891-2664
Gamblers Anonymous	(855) 222-5542
Debtors Anonymous	(800) 421-2383
Clutters Anonymous	(866) 402-6685
AI-Anon	(303) 321-8788
CODA	(888) 444-2359
ACOA	(310) 534-1815
SAMHSA's (Substance Abuse and Mental Health Services Administration)	(800) 662-4357

RECOVERY RESOURCE PROVIDERS

Mile Hi Church thanks these non-profit organizations and businesses for their support of the Mile Hi recovery community.

Acadia Healthcare: Treatment Placement Specialist

The treatment placement specialist is an initiative of Acadia Healthcare offering pre/post treatment consultation services in an effort to provide overall successful recovery outcomes. Comprised of compassionate professionals with a diverse collection of behavioral healthcare experience.

Diane Sanders

(720) 810-1339

acadiahealthcare.com

RECOVERY RESOURCE PROVIDERS

Beyond Betty Recovery Engagement Services

Beyond Betty supports individuals and families every step of the way along the recovery journey and brings years of lived experience. Core service is individual and family coaching to help build a plan for moving forward.

Allison Harden, MS, CPFS, NCPRSS

(720) 937-9955

beyondbetty.net

David's House Sober Living

Provides sober living alternatives for men and women recovering from drug and alcohol addiction. Individual counseling services are available to residents. Communication between probation, parole, or designated individual and a staff executive can be requested by the resident.

(303) 736-2545

davidsoberliving.com

Harmony Foundation

Harmony Foundation has provided treatment to over 20,000 people and their families for 50 years. Intimate treatment programs are within a safe and natural environment and has a variable length based on the individual.

Programs include: Comprehensive Medical Detox (RED) Program • Primary Residential Gender Specific Treatment • HOPE – Opioid Treatment Program • Virtual Intensive Outpatient Program (IOP) • Recommitment to Recovery – A Relapse Prevention Program.

Karen Cramer

(970) 586-4491

harmonyfoundationinc.com

JUUST Living

A sober lifestyle community residence in Lakewood. Welcomes community members who want a clean, nice place to live without alcohol or drugs and those who require sober living in recovery. All genders over 18 years of age are welcomed especially the LGBTQAI+ community.

Rev. Ruth Rinehart

(720) 290-5715

juustliving.org

Highlands Behavioral Health System

Highlands Behavioral Health System offers a secure and nurturing environment for individuals seeking hope and healing from emotional, psychiatric, and addictive behavioral health challenges. Treatment is for adolescents ages 11-18 for mental health crisis situations (i.e. suicidal, psychosis, depression, anxiety). Two adults' units are available, one for high acuity individuals and the other for higher functioning individuals. Offers outpatient programs, an intensive outpatient program (IOP) and partial hospitalization program (PHP), for those who do not need inpatient care but need extra support that a traditional therapist cannot provide.

Matt Lakin

(720) 348-2800

highlandsbhs.com

Lana Isaacson & Colorado Relationship Recovery

Individuals, couples, and families in recovery from substance abuse, mental health disorders, trauma, dysfunctional families, divorce, and everyday challenges. Couples workshops are available.

Lana Isaacson

(720) 432-5262 or (720) 272-9573

lanaisaacson.com

coloradorelationshiprecovery.com

Mile Hi Behavioral Healthcare

Comprehensive behavioral health services and MAT services.

(303) 825-8113

milehighbehavioralhealthcare.org

Nar-Anon Family Groups

Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve-step program, help is offered by sharing experience, strength, and hope.

Jo G.

(303) 871-7290


nar-anon.org

naranonrm.org

New Beginnings Recovery Center (NBRC) & Mary's Hope Sober Homes

Inpatient residential treatment that provided substance abuse treatment and dual diagnosis. Program is 30 to 60 days. NBRC also provides intensive outpatient services, DUI, counseling, low energy neurofeedback, and more.

Mary Brewer


 (303) 830-2064

 newbeginningsrecoverydenver.com

 mmaryshopesoberhomes.com

Overeaters Anonymous


A fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive eating and food behaviors by working the twelve steps.

 (970) 263-4496


 oadenver.org

Oxford House

Recovery homes and sober living options.

 (303) 328-7155


 oxfordhouse.org


 oxfordvacancies.com

Serenity/Stout Street Foundation

Offers inpatient substance use disorder treatment services for 28 days and 2 years. The 28-day program works with mental health and substance use together along with medication assisted treatment. Accepts major insurance, in-network with Kaiser, and works with out of pocket. The 2-year program is primarily for substance use disorder only. It is free and all necessities are provided for the duration of the program. This is a work program, so residents work to pay for their treatment.

Deidre Tygart or Charles McGarvy

 (303) 669-0190

 (303) 321-2533

 stoutstreet.org

 serenitydenver.org


The Wilkins Group

Family structured intervention services with a focus on healing relationships and attachment theory.

 720-366-4736  thewilkinsgroupinterventions.com

Sobriety House

A non-profit drug and alcohol treatment center for men and women 18 years and older. Offers intensive residential treatment (IRT), transitional residential treatment (TRT), and outpatient/intensive outpatient (IOP) groups. Most affordable residential treatment in Colorado. Priority populations for pregnant women, IV drug users, and veterans.


 (720) 381-4334

 sobrietyhouse.org

The Cornerstone Program

12-Step enthusiastic sobriety program with a 12-16-week intensive outpatient program (IOP), Mon. – Fri., 1 p.m. – 5 p.m. Offers a 2-year support group program with meetings every Monday and Thursday night and two sober social functions every Friday and Saturday for those in IOP or who have successfully completed IOP. Also offers a parent support group meeting every Thursday night. Age range is 13-25 years old.


Frank Szehta/ Tyler Barkey

 (303) 690-0082

 thecornerstoneprogram.com

The Eating Disorder Foundation


A free, non-clinical resource in Colorado that is accessible to everyone regardless of income, insurance, health status, weight, diagnosis, race, gender, or sexual identity. Provides invaluable assistance through education, support and advocacy, free educational presentations, over 14 support groups, mentorship programs, workshops, and community events.

 (303) 322-3373

 eatingdisorderfoundation.org

The Full Circle Program

A free, 12-step based enthusiastic approach and alternative peer support group for young people ages 13-25 and their families. For young people who struggle with substance abuse, self-harm, eating disorders, pornography addiction, and promiscuity.

 (720) 768-8274

 fullcircleprogram.com

Sometimes recovery means
making it through one
minute at a time...

