



TODAY'S TOPIC:
The Invisible String

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a "thinking job question" to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

What are some things that I can not see, but I know they are real?

Lesson

Materials	Things to Prepare	Today's Goal
<ul style="list-style-type: none"> • Video or audio of "The Invisible String" by Patrice Karst. It is also edited for this lesson and included below. https://www.youtube.com/watch?v=p-0nmNlyblk • String • Magnets, small metal objects, a paper plate. 	<ul style="list-style-type: none"> • N/A 	<p>Know we are always connected to those we love and our greatest source of love and comfort – Spirit!</p>

STRING BRACELETS – Tie a simple single piece of string onto the wrist or ankle, tight enough to not fall off but loose enough to move a bit and maintain circulation. The deal with this string bracelets is that it comes off at the perfect time – you can choose to cut it off or you can wait and see how long it takes to fall off

SCIENCE FUN – Play with the paper plate and magnets. See if you can move an object on top of the plate using the magnet underneath.

ASK – Sometimes it's hard to believe in things you can't see. Can you see the magnetism? The thing that goes through the plate and makes the object move? Just because you can't see it, does that make it less real?

STORY – Read or watch "The Invisible String" by Patrice Karst

The Invisible String by Patrice Karst

Liza and Jeremy, the twins, were asleep one calm and quiet night.

Suddenly, it began to rain very hard. Thunder rumbled until it got so loud that it woke them up.

“Mom, Mom!” they cried out as they ran to her.

“There, there you two! It’s just the storm making all that noise. Go back to bed.”

“I’m scared!” said Liza. “I want to stay close to you,” said Jeremy.

Mom said, “You know we’re always together, no matter what.”

“But, how can we be together when you’re out here and we’re in bed?”

Mom held something right in front of them and said, “This is how.”

Rubbing their sleepy eyes, the twins came to see what Mom was holding.

I was about your age when my Mom first told me about the INVISIBLE STRING.”

The twins looked at mom and then at each other. She wasn’t holding anything!

“I don’t see a string,” said Jeremy.

“You don’t need to see the Invisible String. People who love each other are always connected by a very special String made of love.”

“But if you can’t see it, how do you know that it’s there?” asked Liza.

“Even though you can’t see it with your eyes, you can feel it deep inside your heart and know that you are always connected to the ones you love.”

“When you’re at school and you miss me, your love travels all the way along the String until I feel it tug on my heart.” “And when you tug it right back, we feel it in our hearts,” said Jeremy.

“Does the Invisible String stretch to pets, like our cat Jasper?” Liza asked. “It sure does,” said Mom. “And best friends like Lucy and me?” asked Liza. “Yes, friends too!”

“How far can the String reach?” “Anywhere and everywhere,” Mom said.

“Would it reach me even if I were a submarine captain deep in the ocean?” asked Jeremy. “Even there.” “Or a mountain climber?” “Even there.” “A ballerina in France?” “Even there.” “A jungle explorer?” “Even there.” “How about an astronaut in outer space?” “Yes, even there.”

“Can my String reach all the way to Uncle Brian in Heaven?” asked Jeremy quietly.

“Yes, there too.”

Does the String go away when you’re mad at us?” “Never,” said Mom. “Love is stronger than anger, and as long as love is in your heart, the String will always be there.

“Even when we argue about going to bed?” “Oh that’s right! You two should be in bed!” And with that they all laughed as Mom chased the twins back to bed.

Within a few minutes, they were asleep even though the storm was still making noise outside. As they slept, they started dreaming of all the Invisible Strings they have, and all the Strings their friends have, and their friends have, and their friends have, until everyone in the world was connected by Invisible Strings.

And from deep inside, they now could clearly see... no one is ever really alone.

ASK –

- Do you think that’s true that we have invisible strings?
- Who do you connect with through your invisible string? (Parents, grandparents, brothers, sisters, friends, God, pets)
- Do those people have strings connected to you? Does the string work both ways? Are there strings you don’t even know about?
- Can the string be broken?

SAY - God is in that invisible connection – in the love, support, and safety of the string. Not only are we always connected to those we love but to God/Spirit, our greatest source of love and comfort. If you made a string bracelet, remind that when you see the string you can remember you are connected to those you love and to God.

AFFIRMATION – I am always connected to those I love. repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .