



TODAY'S TOPIC:
Colors of the Season

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a “thinking job question” to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

Can colors represent holidays or celebrations?

Lesson

Colors of the Season

Materials	Things to Prepare	Today's Goal
<ul style="list-style-type: none"> Colored paper strips stapler 	<ul style="list-style-type: none"> cut strips of colored paper, about an inch wide and as long as the width of a paper (5 inches) 	Consider the meaning of colors and celebrate their diversity

ACTIVITY: Have child/children pick one or two color strips.

ASK: Why did you choose those colors? Can you think of certain colors or combinations of colors that remind you of specific things?

Some ideas: red, white and blue for the United States, black and orange for Halloween, pink ribbons for breast cancer, pastel pink and blue for babies.

ASK: What would you consider the colors of this holiday season? Accept all answers.

SHARE: the meaning behind some of the seasons celebration colors. See following page.

SOLSTICE HOLIDAYS

Winter Solstice celebrated by many cultures

- Green is the color of evergreen trees, holly, ivy and Mistletoe that have been used for thousands of years to decorate during the long cold winter. Romans gave evergreen branches as a sign of good luck. Egyptians would bring palm branches into their houses in the winter. It was a way to remind themselves that winter would not last forever!
- Gold is the color of the Sun and light, both important during a cold dark winter. Red and Gold are also the colors you see in a fire as the fire keeps you warm.
- White for snow, goodness and light.

CHRISTIAN HOLIDAY

Christmas Colors: Red and Green

- Green is the color of the tree used in many Bible stories told at Christmas told at Christmas time.
- Red is the color of holly berries (holly is associated with the cross) and also the color of Bishops robes in the Catholic Church. It is also the color of Santa's clothes.
- Gold is one of the gifts brought to the baby Jesus.

JEWISH HOLIDAY

Hanukkah Colors: Blue and White

- The colors on the Israeli flag.
- The Jewish prayer shawl is described as having one thread dyed with a certain kind of blue and three threads of white among the fringe at the corners. One interpretation of this directive is that blue is the color of heaven and of divine revelation. White was the other color because of its symbolic associations with purity and cleanliness.

AFRICAN CULTURE HOLIDAY

Kwanzaa Colors: Black, Red and Green

- Green suggests both the land of Africa and hope for the future
- Black refers to the skin color of the African people
- Red signifies the blood of African ancestors who died standing up for what was right.

ASK: Why do you think so many celebrations have colors in common? Because the deeper spiritual meanings (love, giving, goodness, peace, light, warmth, faith, hope) are common to ALL people regardless of their culture or their religion or their age.

ACTIVITY: Make a paper chain with the strips of paper to hang in celebration of color.

AFFIRMATION – Every color is a gift of Spirit. repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .