



TODAY'S TOPIC:

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a “thinking job question” to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

What is Easter all about?

Lesson

Easter

Materials	Things to Prepare	Today's Goal
•	•	Honoring the holiday

ASK: How do you celebrate Easter?

ASK: Remember our thinking question, “what is Easter all about?”

Would do you think it is about?

SAY: Easter is a very old tradition celebrating Jesus’ life.

ASK: What do you know about Jesus? What made him such a good person?

SAY: Jesus was a man that lived a long, long time ago and he was really well known across the world for the ideas he shared about love, kindness, and how we are all connected to god and to each other. Jesus was a great teacher, showing everyone he met the

importance of compassion and forgiveness. At Easter we remember these wonderful things that Jesus taught.

ASK: What season do we celebrate Easter? Spring! What kinds of things do we see happen outside in the spring time?

Some Ideas:

- plants grow greener and flower again
- the leaves come back on the trees
- the sun stays around longer
- it gets warmer again

SAY: Spring is all about renewal and new beginnings. We see it in nature and we can feel it in ourselves. We let go of the old and welcome the new. We look at things in a new way and remember that we are all one.

AFFIRMATION – I let go of the old and welcome the new! -repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .