



TODAY'S TOPIC:

Curiosity

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a “thinking job question” to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

What is something you are curious about?

Lesson

Materials	Things to Prepare	Today's Goal
<ul style="list-style-type: none"> n/a 	<ul style="list-style-type: none"> n/a 	Know that being curious is a good thing and makes your brain strong.

ASK: Have you ever heard about (or maybe this was you!) asking your parents “why” and when they answer you ask “why” again, and this repeats over and over? That gets kind of annoying, especially for your grownups, but asking “why” a very good thing actually. It means you are curious.

ASK: What do you think it means to be curious? “Curious” means: a strong desire to know.

ASK: Curiosity helps us learn and grow. Everyone is born with curiosity. Think about a baby – they are curious about everything. If a baby has a rattle, they might shake it to see what it does or what it sounds like, they might look closely at the colors, they might feel it all over, they might throw it, they might even taste it!

ASK: You can be curious about anything! What are some things you are curious about? Hint: If you are using the “W” words (who, what, when, where, why, and how,) you are probably being curious!

REASONS CURIOSITY IS GOOD:

- It's like a workout for your brain. The more curious you are, the stronger your brain will get.

- It is a sign of caring. You want to know more about the people, places, and things that are important to you.
- Being curious is one way a lot of discoveries are made. This is even important for people to survive.
- Kids are way better at being curious than adults.

ACTIVITY: Look around for something in the room you are curious about. See how many questions or what types of questions you ask. Are they “W” word questions? You can repeat this exercise as many times as you want.

AFFIRMATION: Curiosity is one of my superpowers! Repeat 4 times.

AFFIRMATION – Being curious is my superpower! repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .