



THE TRUTH PROCESS

Six questions to help you get in touch with your truth—a laser tool to drill down to the essence of what you really feel.

- 1 | What lies am I telling myself?
- 2 | What am I pretending not to know?
- 3 | What is the payoff for staying stuck?
- 4 | What has the lie been costing me?
- 5 | What am I afraid might happen if I tell the truth?
- 6 | What right action can I take today?

*If you want to be free,
you must be more
committed to the truth
than what you have. You
must want the truth more
than you want what you
think you want.*

-Kute Blackson

\$45



THE MAGIC OF SURRENDER

Fri., April 26, 7 p.m.,
Teel Sanctuary & Livestream

Visit the events page at milehichurch.org



From Kute Blackson's *The Magic of Surrender* (Page 70-71)