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HUMANITY

SPRING
2024

In recognizing the humanity of our fellow beings, we pay ourselves the highest tribute.
—Thurgood Marshall



MileHi Church
It's different here.



BEING ROOTED IN OUR ETERNAL NATURE

Recently, my neighbor planted some flowers in his front yard. Each morning as I leave for work, I see him standing over the soil awaiting the plants with coffee in hand. Today, as I left, the plants had started to burst forth.

March and April in Colorado tend to bring large snowfalls, so I found myself worrying about whether or not the fresh blooms would survive a storm. My mind began to construct options for how he might be able to keep them safe. In Colorado, flowers need to be spring resilient!

Then it dawned on me that people need to be that too. There are always new ideas, dreams, and options budding for us. Storms come in the form of doubt, worry, and unwanted conditions. In nature, the flowers and trees still thrive through storms; their roots allow that to happen.

For us to spring resilient, we need to be rooted. Being rooted in our eternal nature allows us to weather the storms. We are more deeply rooted than we realize and stronger than we think. And the true life that we are is bigger than any storm. We are all season resilient!

Michelle Medrano
Lead Minister



Rev. Zemirah's Chai Tea

Ingredients

- 2 cups water
- 2 black tea bags or 2 tsps of loose-leaf black tea
- 1 tsp ground cinnamon
- 1/2 tsp ground ginger, cardamom, and nutmeg
- 1/4 tsp ground cloves
- 2 tbsp honey or maple syrup

Directions

1. In a small saucepan, combine the water and spices, while whisking the spices. Once the water reaches a boil, turn off the heat and steep the spices for 5 minutes.
2. After 5 minutes, turn the heat back on and add the black tea bags and maple syrup. Return to a slight boil (the goal is a hot liquid for steeping). Once boiling, turn off the heat. Steep the tea bags in the water and spices for 5 minutes.
3. Remove the tea bags and strain the tea through a fine mesh strainer. Reserve 1/2 a cup to make a latte, or store the remaining chai concentrate in a jar in the fridge up to 2 weeks. Enjoy!



Sunday Services

8 & 10 a.m. In-Person,
Teel Sanctuary,
10 a.m. Livestream

American Sign Language
Interpretation is available in
person at the 10 a.m. service.

Watch on our Watch Page,
YouTube, and Facebook.



Healing Light Service

Second Sunday Evening
of Every Month

In-Person Only, 5 p.m.,
Vogt Auditorium

Indoor labyrinth is available
from 4 – 7 p.m. in the
Community Center.



SAVE THE DATE

Adventures in Prosperity 2024

Sun., May 5, 12, & 19
8 & 10 a.m. In-Person,
Teel Sanctuary,
10 a.m. Livestream

Visit the services page at milehichurch.org



Spiritual Living Classes

Spiritual Enrichment & Deepening

Spring Classes and Workshops

The Four Spiritual Laws of Prosperity
with Michelle Medrano

In-Person & Livestream, Tues., May 7 – 28

Self-Discovery Through the Enneagram
with Michelle Medrano

In-Person, Fri., June 7 & Sat., June 8

- Decluttering Your Life
Online, Mon., April 1 – 22
- New Eyes on the Gospels
In-Person, Thurs., April 4 – May 2
- The Mourning After
In-Person, Thurs., May 2 – June 20
- Essential Ernest Holmes
In-Person, Mon., June 3 – July 22

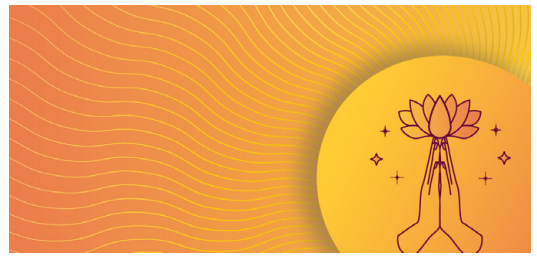
Visit the classes page at milehichurch.org



Wednesday Night Insight

A minister meditation, a practitioner prayer, and time for meditation.

7 p.m., Online @ YouTube



Sacred Saturday

Sat., April 6, 10 a.m. – 12 p.m.

Sat., April 20, 9:30 – 11 a.m..

Sat., May 11, 9 a.m. – 12 p.m.

Love Offering



New Member Class

Online

Sun., April 7,
11:30 a.m. – 1 p.m.,
on Zoom

In-Person

Mon., April 8,
6:30 – 8 p.m.,
Community Center



The Ordination of Rev. Jackie Harris Embracing Neverland Within

Sun., April 21,

4 – 7 p.m., Teel Sanctuary



World Labyrinth Day Feel the Joy of World Labyrinth Day

Workshop & Labryinth

Sat., May 4, 11 a.m. – 2:30 p.m.,
Community Center, Love Offering



Sacred Sound Meditation Heart Opening Mystical Sound and the Sufi Tradition

Wed., May 8, 7 – 9 p.m.,

Vogt Auditorium, Love Offering



Birth - Fifth

Anchored in ritual, we offer age-appropriate teachings of key spiritual concepts.

Youth Church

Sunday class at 8 & 10 a.m. in person.

Middle & High School

We empower our maturing students to freely express themselves and embrace their inner truths.

Sunday Lesson

Class at 10 a.m. in person.

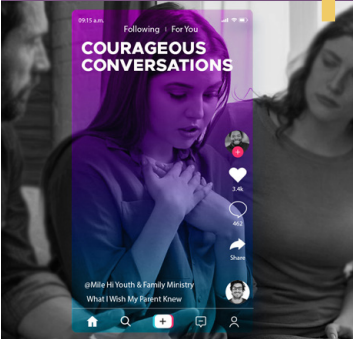
What I Wish My Parents Knew

Courageous Conversations With Kids

Sun., April 28
11:30 a.m. – 12:30 p.m.,
Vogt Auditorium,
Love Offering



Visit milehichurch.org/youth-family



Youth & Family Summer Camps June & July

Sprout Camp, ages 2 – 5
Rainbow Day Camp, ages 5 – 10
Adventure Camp, ages 11 – 14
Teen Camp, ages 14 – 18



Mile Hi Children's Enrichment Center (MHCEC) Preschool

Enriching the early childhood journey with wonder, respect, support, and guidance. We look at the learning environment holistically and co-create curricula with our children and families that reflect their uniqueness.

Enroll for the upcoming school year:
Aug. 2024 – May 2025

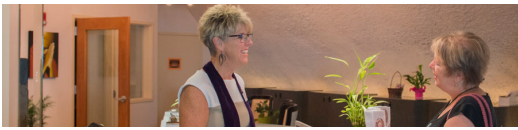
To connect about enrollment or tours, email April Reeves, MHCEC Director, at areeves@milehichurch.org.

Visit milehicec.org



A world in which children freely express their inherent divinity and inner truth.

YOUTH & FAMILY



Prayer & Care Center

A Center of Love, Healing Prayer,
and Compassionate Care

Office Hours:

Mon. – Thurs., 10 a.m. – 2 p.m.
303-232-8851
pcc@milehichurch.org

Prayer Support & Requests

720-974-2261

One-On-One Support Sessions

303-232-8851

Grief Support, Compassionate Care Team, Support Groups

720-974-2234



Spirituality in Recovery

Provides life-changing tools to create a new story for those struggling with dependency on alcohol, drugs, food, and more.

Rev. Carol Wilke
Recovery Minister
cwilke@milehichurch.org

SPIRITUAL PRACTICE

End Your Day with a Prayer



Earth Prayer

Earth teach me freedom as the eagle which soars in the sky. Earth teach me regeneration as the seed which rises in the spring. Earth teach me to forget myself as melted snow forgets its life. Earth teach me to remember kindness as dry fields weep with rain.

Ute Prayer



Healing

Awaken your inner healer with the support of our ministers and healing community.

Healing Connection Support Group

Meets every Wednesday night online and the second Sunday of the month in-person. A weekly meeting offering practical tools and inspiration for anyone seeking healing support.



Baptisms & Weddings

Rev. Josh Reeves
Lead Minister,
Ceremonies, Rituals, & Rites of Passage
jreeves@milehichurch.org



Memorials

Sandy Troyano
Care Ministry Coordinator
stroyano@milehichurch.org



The Magic of Surrender with Kute Blackson

Kute will show you the path to tapping into the power of the Universe to manifest your greatness. Surrender is the unspoken key to all the great ones throughout history. It allows you to go from living a good life to living a great life and one that makes an impact.

In this empowering talk, Kute traces how surrender was a key factor in the lives of so many great people throughout history and shows you how you can move past self-imposed barriers to discover the freedom and possibility on the other side of surrender.

Includes a book signing after the event (book not included).

**Fri., April 26, 7 p.m.,
Teel Sanctuary & Livestream**

Visit the events page at milehichurch.org

Mile Hi Ongoing Initiatives

Our ongoing initiatives are precious to us and allows our community to experience traditions and cultures of different faith paths, learn unique perspectives of diverse groups, and implement productive ways of being positive stewards of our Earth.



Diversity and Belonging

We envision a world where diversity is seen as a necessity for growth, and inclusion as an essential value and element of the creative process.



Interfaith

We envision a world where the Sacred rites, traditions, and wisdom of all sincere faiths are celebrated. We believe in a golden thread of truth as a throughline within all religions.



Sacred Earth Movie Night

We Rise Up
Fri., April 19, 7 – 9 p.m.,
Community Center,
Love Offering

Visit the initiative page at milehichurch.org

SPEAKERS & INITIATIVES



MileHi Church

It's different here.

OUR VISION

Oneness revealed—a world of love, peace, and abundance for all.

OUR MISSION

To serve as a spiritual beacon for personal empowerment and global enlightenment.



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Learn about our pathways of giving at milehichurch.org/give.

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303-237-8851 | milehichurch.org

