



**TODAY'S TOPIC:**  
**Is Luck Real**

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

**THINKING JOB:** Ask a “thinking job question” to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

***What are some things that are considered lucky?***

**Lesson**

Materials	Things to Prepare	Today's Goal
<ul style="list-style-type: none"> <li>Online pics or actual items that might be considered lucky or unlucky.</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>	Know that luck has a lot to do with our mindset and what we believe.

**ASK: What is luck?** When something happens by chance or unexpectedly. When you have good fortune. When you think something bad might happen but it turns out to be something good.

**ASK: Does anyone have objects they consider special or lucky?** It could be something you are given or something you find. It could be something special that belonged to another member of your family like a parent or a grandparent. It could be natural or man-made. It does not have to cost a lot of money or it could be something really expensive. Anything you **find** can be a lucky charm meant just for you.

**SHOW: Things that are considered lucky.** Show and pass around – What are some things that are considered lucky?

- Horseshoe – did you know that you hang it so it looks like a “U” which makes it like a cup that fills with luck for everyone, or the other way so that it spills luck on all who pass underneath it.
- Dice – some people think dice give you luck for all games whether the game uses dice or not. Yes, even video games.

- Penny – it is lucky if you find one and pick it up. You should always pick up any coins you find!
- Four leaf clover – The clover itself is lucky and finding one is lucky. There is one in every 10,000 clovers.

**Sometimes these are called lucky charms because charms are specifically about luck.** Yes, like the cereal. Other things that are considered lucky around the world: ladybugs, rabbits foot (luckily it can be man-made of other materials so no rabbits are hurt!), goldfish, rainbows (gold at the end of the rainbow), bamboo, dream catchers, crickets, coins.

**ASK: Are some things considered unlucky?** Broken mirror, walking under a ladder, black cats.

**ASK: How can some things be lucky and some unlucky?** What you **believe** is what makes something lucky. Where does your belief come from? You get to decide what you believe. Maybe you believe in good luck and not bad luck. Maybe each person has a different idea about what is a lucky object.

**BONUS QUESTION FOR OLDER CLASSES:** Do things that seem unlucky (aka bad) sometimes turn out to be good?

**ASK: Can you control luck?** Your ideas and beliefs are like a big luck magnet.

And there is the special ingredient of God or Spirit. Your beliefs + God energy makes things happen! Look for luck, expect good, affirm what you want or need. Bad luck is temporary. Good luck lasts a lifetime with the right mindset.

**AFFIRMATION** – I believe good is always coming my way. repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .