

TODAY'S TOPIC:
Celebrating Each Other?
 You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a "thinking job question" to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

What is something or someone that I cheer for and celebrate?

Lesson

Materials	Things to Prepare	Today's Goal
•	•	Know some ways to encourage each other and why that is a good thing.

ASK: What does it mean when someone cheers for something or someone? That they want to celebrate and encourage.

ASK: What is something you cheer for? A sports team, a family member, when something hard gets done.

ASK: Who cheers for you? Your family, friends, coach, teacher.

ASK: What are some cheering things you can say? **You can do it! I see how hard you are working! Good teamwork! I believe in you!**

ASK: How does it feel when someone cheers for you? Does it make a difference?

SAY: Sometimes it is obvious who and what you are cheering for (like at a basketball game) but there are other things we can cheer.

CHEER ON CHOICE - Someone chooses something different than us. For example, I choose vanilla ice cream and you choose chocolate. That doesn't make either of our choices bad. You can say, "I liked the way you made the best choice for you!". We should encourage each other in our different choices.

CHEER ON DIFFERENCES – We need everyone to celebrate all the cool things that make us the same and different.

CHEER ON SUPPORT – Sometimes things are tough, and it can be hard to remember to cheer each other on. You can ask yourself, “How can I support (my school, my sister, etc.) in a positive and cheering way?”. Sometimes cheering is quiet and looks like a hug and telling someone you love them.

CHEER ON GOD – God is your biggest cheerleader. God always believes in you, wants you to have things you need and want, to feel like you can try new things, that you can succeed at things. How can you cheer back at God? By saying “Thank you, God” when you see something amazing or beautiful, when great things happen, when not great things happen but you know you are supported and cared for by God no matter what.

AFFIRMATION: I can cheer for me and you!

AFFIRMATION – I can cheer for me and you! repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .