



TODAY'S TOPIC:

Abundance

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a "thinking job question" to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

What is something I would like to buy or get?

Lesson

Materials	Things to Prepare	Today's Goal
<ul style="list-style-type: none"> • Different denominations money including coins and bills • Pennies 	<ul style="list-style-type: none"> • 	Know that the Law of Circulation is an important part of abundance.

ASK: What are some different dominations or types of money? Show examples.

ASK: What are some ways you get money? (Chores, allowance, gifts, work) What can you do with your money? (Spend it, save it, or give it away)

ASK: Do we need money? We need ways to get the things we need (food, shelter). Money is a tool. You would use a tool like a hammer to pound a nail and you can use money as a tool to create the life you want.

ASK: What does Spirit have to do with money?

SAY: Spirit is always flowing, always working to bring you the things you want and need. The more you open to the flow and give the things you are looking for, the more you will get back. How? With the Law of Circulation.

ACTIVITY: Challenge the kids to make a circle first using their fingers and then using their bodies.

ASK: Does anyone know what it's called when something moves in a circular pattern?

SAY: It's called circulating! Today we are talking about the Law of Circulation. The law of circulation says that things are *always* circulating and as they go around, they grow and grow and grow. When you use the Law of Circulation, you get more back than you put in! This law works for *EVERYONE* just like gravity or electricity.

SAY: Laws like the Law of Circulation are one of the ways Spirit supports us and answers our prayers. Spirit is always working to bring us our highest good.

Sometimes that looks like money to help you buy the things you need to take care of. Sometimes it is other things. Ask for examples. (Sometimes that good looks like more smiles and laughter to boost your joy, more love, kindness, peace.)

SAY: The thing about the Law of Circulation is that we have to actively participate in it to keep the flow going. Things can't circulate if we don't receive them *and* pass them along.

Here are some ways you can stay in the flow:

- ✓ **Always accept gifts!** Accept something good when it is offered to you. If someone offers you a gift, take the gift and just say, "Thank You." When you refuse a gift from anyone, you are not only blocking the flow of abundance in your life, but you are also blocking the flow of abundance in the giver's life know that you are helping yourself and the giver to complete the circle of giving and receiving.
- ✓ **Expect something in return.** God does not expect you to give without receiving in return. You should always expect something from your giving. It could be as simple as expecting your gift to be of benefit to someone, or to be valued and appreciated, or to allow others to give something back that will increase your joy and happiness. You can only give in proportion to your ability to receive. The best givers are the best receivers.
- ✓ **Share!** The Law of Circulation works when you share your talents, your gifts, your smile, your stuff, and your money. If we hoard our time, money, energy, and love, we may block the universal circulation and our lives become only about what we can get.
- ✓ **Stay open.** Make sure each person has a penny. Have them hold the penny as tight as possible. Point out that no one can take their penny, but there also is not room to put more money into their hand.

AFFIRMATION – I have all I need and plenty to share. repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .