



TODAY'S TOPIC:

Life is Good!

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a "thinking job question" to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

Can something challenging also be good?

Lesson

Materials	Things to Prepare	Today's Goal
<ul style="list-style-type: none"> n/a 	<ul style="list-style-type: none"> n/a 	Know that something that feels bad might work out for our good. Know that how we think about something might make it bad or good.

ASK: What are some things you think are good? Take all answers.

ASK: Have you ever heard the saying "Life is good"? You might even have clothes that say Life is Good.

ASK: And have you ever heard the extra part of the Life is Good saying? It says Life is Good, All the Time. Practice saying this a few times either all together or a call and repeat.

ASK: What are some times when life is good? Examples:

- having fun
- enjoying the love of family and friends
- doing things that you love to do
- becoming all that you can be
- helping others
- enjoying each moment

SAY: Sometimes things happen in life that do not feel good. In fact, you might even say they feel bad.

READING: The Farmer and His Horse

TALKING POINTS:

- But is anything all good and bad? How do you know if something is good or bad?
- Can you change how you think about something to make it good or bad?
- If you believe everything happens for a reason, and that God is always working for our good, then even if something bad happens it might turn out to be for something good.
- Can you think of a time when something happened that did not feel good but was actually a good thing?

SAY: Some people say, “everything that happens today happens for my highest and best”. Sometimes it’s hard to remember when things feel icky, but it almost always works out that way.

AFFIRMATION –Life is good, all the time! repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .

The Farmer & the Horse

There was a farmer in a small village with a single horse who helped him earn a living for his family. The other villagers constantly told the farmer how lucky he was to have such a great horse.

“Maybe,” he would reply.

One day, the horse ran away. The villagers came to the farmer to express their sympathies.

“Your horse ran away. How unfortunate!” the villagers exclaimed.

“Maybe,” the farmer replied.

A few days later, the horse returned home, with ten strong wild horses in tow.

“What good fortune. What incredible luck,” the villagers crowed.

“Maybe,” the farmer again replied.

The following week, the farmer's son was riding one of the wild horses in the fields, when it kicked him off and broke his leg.

The villagers arrived to express their dismay.

"What dismal luck," they said.

"Maybe," the farmer replied.

The next month, a military officer marched into the village, recruiting able-bodied young men for the war. The farmer's son, with his broken leg, was left behind.

The villagers were joyful, "Your son has been spared. What beautiful luck!"

The farmer simply smiled.

"Maybe."