

Sacred Sisters is a dynamic community committed to the power of divine unity as women. We:

- Honor and celebrate womanhood and the fullness of the divine feminine.
- Support and empower each other and align ourselves with spiritual principles.
- Bless our collective energy of inner awareness and provide opportunities to express it.
- We would love to see you regularly or drop by when you can for this empowering time together.

For questions or more information, please contact:

Michelle Medrano, 720-974-2237,
mmedrano@milehichurch.org

Sacred Sisters is open to all women and all ages. We come together to be heard, listen, love, support each other, and expand our knowledge and awareness.



Sacred Sisters



MileHi Church
It's different here.™

UPCOMING PRESENTERS

Join Us on the 2nd Sunday, In-person, 11:30 a.m. – 1 p.m., Community Center, Seminar Rooms; 2nd Tuesday, Online, 10 – 11:30 a.m., on Zoom



Sun., March 9 and Tues., March 11

A'ra Blair, RScP | *Heart-Centered Living*

Heart-centered living means aligning with your True Self, navigating life with love, compassion, and inner wisdom. In a world that often feels disconnected and overwhelming, this approach offers clarity, connection, and greater vision.



Tues., April 8 and Sun., April 13

Patty Luckenbach, Mary Kay Bates, RScP, and Carol Buxton, RScP
Sage Women of Mile Hi

Imagine asking spiritually grounded, wise women about making the most of the life you have been given in any area of your life. That's what we will do in April!



Sun., May 11 and Tues., May 13

Donna DeNomme, RScP | *Dancing With the Winds of Change*

Change is inevitable. At times, our shifts are chosen. Other times, they are not. How can we welcome change, meet it with a shoulder to the wind, and learn to calm its gusty blows? We'll consider personal, community, and planetary applications.



Sun., June 8 and Tues., June 10

Tama Kieves | *Learning To Trust Yourself: Creating Your Exceptional Life*

Trusting your instincts reveals a visionary path to everything you seek. Join Tama Kieves, former Harvard-trained attorney, turned leading-edge coach and bestselling author as she teaches you how to live your exceptional life—based on the time-tested strategies of her groundbreaking new book *Learning to Trust Yourself*.

SAVE THE DATE



StayTreat with Karen Drucker: I Give Myself Permission To...

Fri., July 11, 6 – 8:30 p.m. and Sat., July 12, 9:30 a.m. – 3 p.m., \$95

In this play-shop, we will look at the word *permission* as it relates to daily lives, relationships, and our dreams. With songs, stories, small group discussions, exercises, and lots of laughter, we will learn how to give ourselves permission to be, do and have all that we desire, and to rejuvenate our body, mind, and spirit.

We are generously supported by your love offerings.
Come and experience the power of women in
community embracing their Divine Feminine!

Mile Hi Women's Ministry

