



TODAY'S TOPIC:

Ladybugs

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a "thinking job question" to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

Does it mean anything when I see a ladybug?

Lesson

Materials	Things to Prepare	Today's Goal
- Live ladybugs - Pictures of ladybugs	A wet garden is a good spot to release ladybugs.	Know that ladybugs are not just cool beetles, they are also a spiritual symbol of good stuff!

ASK: What do you know about ladybugs? Take all answers. Here are some facts:

- **COLOR:** They come in many colors but most common her is red with black spots.
- **BEETLE:** We call them bugs but they are actually beetles.
- **DANGEROUS?** No, not to people. Yes, to tiny bugs like aphids. They eat over 5,000 bugs in their lifetime. This is important because these tiny bugs eat crops and flowers and foods people need.
- **THEY PROTECT THEMSELVES:** Red with spots tells predators that they taste bad. They also squirt a smelly oil from their knees. And they can play dead.
- **THEY HIBERNATE:** When the weather gets cold, large groups get together and they hibernate just like a bear.
- **THEY HAVE HIDDEN WINGS:** Under the hard red wings are bigger wings, there are very fragile wings that they actually use to fly.

SAY: Many people in many cultures believe that when you see a ladybug it is a sign of good luck, good news, and good change.

SAY: If you see a ladybug, and especially if you keep seeing ladybugs over and over, here is what it might mean.

- **COMFORT:** Ladybugs are “spiritual messengers” and can bring comfort from God. It is a reminder that God is a friend who watches out for you.
- **PROTECTION:** Just like the hard wings protect the delicate wings, seeing a ladybug means you are protected by God.
- **HAPPINESS:** Ladybugs bring lots of good like good luck and positive changes.

ACTIVITY: Go outside and do a ladybug release.

AFFIRMATION – I will watch for ladybugs and for good things. Repeat 4x

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .