



TODAY'S TOPIC:

Easter

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a “thinking job question” to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

What is Easter about?

Lesson

Materials	Things to Prepare	Today's Goal
Items for your choice of activities and games		Know that Easter honors Jesus's message of forgiveness, love and compassion.

ASK: Who knows what today is? Easter. How do you celebrate Easter at your house? (Take all answers, even go around the circle if you want to)

ASK: Remember our thinking question, “what is Easter all about?” What do you think?

SAY: Easter is a very old tradition celebrating Jesus' life.

ASK: What do you know about Jesus? What made him such a good person?

SAY: Jesus was a man that lived a long, long time ago and he was really well known across the world for the ideas he shared about love, kindness, and how we are all connected to God and to each other. Jesus was a great teacher, showing everyone he met the importance of compassion and forgiveness. At Easter we remember these wonderful things that Jesus taught. He said that whatever happened in the past, you can always start over and have and have a new beginning.

ASK: What season do we celebrate Easter? Spring! What kinds of things do we see happen outside in the springtime?

Some Ideas:

- plants grow greener and flower again
- the leaves come back on the trees
- the sun stays around longer
- it gets warmer again

SAY: Spring is also all about new beginnings. We see it in nature, and we can feel it in ourselves. We let go of the old and welcome the new. We look at things in a new way and remember that we are all one.

ACTIVITIES: Supplement with spring or Easter activities like hiding and finding eggs, books, and games.

AFFIRMATION – New beginnings are always possible. repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .