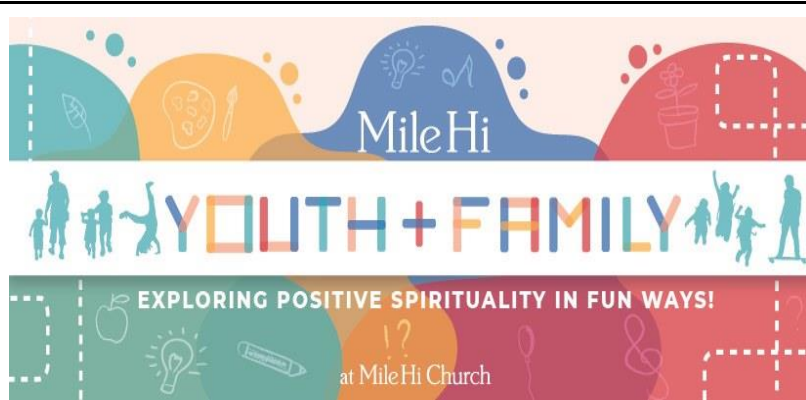




TODAY'S TOPIC:
Perception – Looking With My God Glasses

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a “thinking job question” to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

What colors can animals see?

Lesson

Materials	Things to Prepare	Today's Goal
n/a	n/a	You can change how you see things when you look with God's eyes.

ASK: What are some things you know about animals and their ability to see? Some see better, some see less, some see in black and white, some see only a couple of colors, some see colors we can't see like ultraviolet, some rely on their vision, others rely on their other senses.

Did you know:

- Cats and Dogs are color blind – that means they see in black in white, or in only a couple of colors. Cats vision is more blurry then people during the day, but better than people at night.
- Squid and Octopus – only see black and white and very blurry but they have no blind spot and can see all around themselves.
- Bee – What they see looks like a disco ball or soccer ball with lots of octagons.
- Eagles – Best daytime vision of any animal, 8 times better than people, can see a small movements two miles away.
- Owls – Great night vision with large eyes and ability to move head.
- Mantis Shrimp – most complex eyes of all animals, multiple colors, quick to see movement, and each eye can move independently on its own.

GAME: Play I-Spy - Ask the kids to find something of a certain color, shape, type (ISpy something red, ISpy an animal, etc.)

ASK: What do you know about your eyes. How far can you see? How many colors can you see? How wonderful it is to be able to see. And what are some things that can help you see better? Glasses, contact lenses. Did you know if you are blind and can't see, your other senses get better?

SAY: As good as our eyes are, did you know there's a kind of glasses that can help you see things that are not there? They are spiritual glasses or God glasses. Every person has God glasses.

- When we see God in everyone and everything, we are looking with our God glasses.
- When we are angry, and we calm down and see the best in people and forgive people, we are looking with our God glasses.
- When we don't know what to do and we're looking for the answer we can look with our God glasses.
- When we are confused about what is happening or how people are acting, we can use our God glasses to look for the good .
- Use your own examples or ask the kids for examples of times they can use their God glasses.

AFFIRMATION — I will look with my God glasses and see Spirit in all.repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .