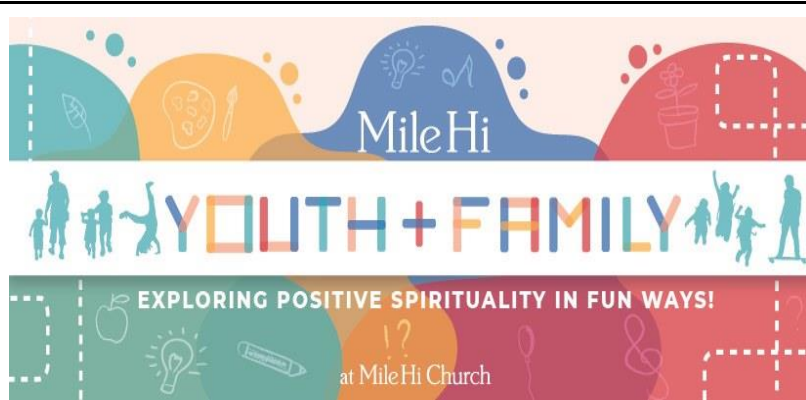




TODAY'S TOPIC:

Judging

You are welcome to use this lesson to inspire spiritual conversation in your family or youth classroom. It is written for elementary age but could be adjusted as needed.

THINKING JOB: Ask a "thinking job question" to get everyone thinking about something pertinent to the lesson. This could be asked moments or hours before your conversation.

Can you judge how good a book is just by the cover?

Lesson

Materials	Things to Prepare	Today's Goal
- Books - Sugar and salt - Eggs - Geodes (if available)	- Sugar in saltshaker, salt in sugar bowl - Hard-boil some eggs	Don't make judgements about people and things based on how they look.

SHOW: Show saltshaker and sugar bowl. Note: There is sugar in the saltshaker and salt in the sugar bowl. Ask if anyone would like a small taste. Talk about which is which. What made you think there was sugar in the bowl and salt in the shaker? here is sugar in the saltshaker and salt in the sugar bowl. Ask if anyone would like a small taste. Talk about which is which. What made you think there was sugar in the bowl and salt in the shaker?

ASK: Every day we make choices and decisions and judgements based on how something looks. But how something looks is not the whole story.

SHOW: Hardboiled egg and regular egg. Can you tell which one is hard boiled just by looking? What you see on the outside does not always tell you what's on the inside.

ASK: Has anyone ever made a judgement about you because of how you look?

What if I really don't like the color blue, and I think everyone who chooses to wear blue must be dumb because I think blue is a dumb color. Is that fair?

ASK: Does how someone looks tell you about how kind they are, what their talents or skills are? How they are feeling?

SAY: It is normal to notice how something looks, but -

- Looks can be deceptive.
- The value or worth of something or someone may not be related to how it looks.
- You may not know the whole situation and need to take a deeper look.

SHOW: Geode – rock side first cupped in your hand. What do we notice about the outside? Now show the inside. What do we notice about the inside? If you judged only by the outside, you would miss some cool things about this rock.

SHOW: Books. What are some of your favorite books? Did what's on the cover make you want to read the book? Would the book still be as good if it had a plain cover? There is a famous saying "Don't judge a book by its cover." That means don't judge something or someone by how they look.

ASK: Did God create everyone and everything? Do you think God made a mistake with how things look?

FINAL THOUGHTS: Treat others the way you want to be treated and God made everyone perfect just the way they are.

AFFIRMATION: I see God in everyone. X4

BONUS ACTIVITY: If you have the budget, the youth can break open their own geodes which you can buy in bulk online.

AFFIRMATION – I see God in everyone. Repeat 4X

Note: Printable affirmations and coloring sheets for this lesson are available at <https://www.milehichurch.org/youth-family/> .